

Minutes of the Committee Meeting of the Mid Sussex Triathlon Club

The Bent Arms Lindfield, 4-12-17 at 8pm

1. Committee for Meeting

Morwenna Hook	- Chairman
Jeremy Paine	-Vice chair
David Ricketts	-Club secretary
Rachel Baker	-Treasurer and Juniors' secretary
Emma Jaffe	-Membership secretary
Kate Eifler	-Juniors' secretary
Stephen Mcmenamin	-Race director
Neil Giles	-Head Coach (apologies)
Roger Smith	-Press officer (apologies)
Mike Hook	-Webmaster(apologies)
V Vonderlinden	- social secretary (apologies)
Jean Fish	- welfare officer (apologies)
Julie Williams	- Open water swimming
Rob Hoodless	- Member without portfolio

Also

Steve Alden	- Honorary Vice President(apologies)
Mark Jordan	- Honorary President(apologies)
Matt Critchley	-Volunteer co-ordinator (apologies)

2. Minutes

The minutes of the previous meeting were approved without change.

3. Club Coaching

We discussed the fact that coaches who supervise swimming cannot use the swim session but may pay for it in 6-monthly swim subs.

We all agreed that the coaches contribution ought to be recognised. We cannot offer free sessions as this can have tax implications – it is a benefit in kind. The chairman will consider this and try to find a fair way of addressing this issue.

4. Juniors

The youth policy for 16 - 17 year olds was discussed and it was queried why we do not allow 15 year olds in that category. This had been previously discussed in September 2016. Points for consideration:

- Our insurance will cover such persons training as long as they are members of the club.
- The current limit of 16 is an arbitrary age given that they too are not adults and still subject to safeguarding rules.
- The club has considered this issue previously at Committee meetings following requests from members relating to their children and it has been rejected. It was thought that the age of 16 was a reasonable compromise in terms of maturity - physical and emotional.
- Ardingly reservoir has a strict limit of 16 years of age for people to swim which cannot be changed.
- There are potential safeguarding issues raised when persons below 16 are training with adults. Certain numbers of coaches are needed to be present for juniors to be in ratio.
- There has historically been an issue with capacity and overcrowding at indoor swim sessions.
- Any juniors who joined adult sessions would need to be competent and able to meet the requisite level. How would this be assessed?
- It arguably blurs the boundaries between the adult and juniors section of the club which have been distinct until now.
- We would need to specify what members of 15 could and could not do in terms of joining adult sessions as they couldn't for example join OWS.

It was decided consider whether we could expand the juniors section to accommodate these 15 year old athletes in the first instance. Some are of a high standard. This will be discussed at the juniors' meeting next week.

5. Swimming

New members who join the club halfway through a swimming block often point out that they have to pay for the whole block of swimming. A policy needs to be agreed.

Southwater: The recent survey about use of this facility attracted 20 replies. No members expressed an interest in swimming in Southwater again. We decided to withdraw from the committee at Southwater and from arrangements to swim there. Mike Hook will need to amend the website to reflect this.

Ardingly: A debrief and planning meeting was held with the management. There were only three points to discuss. The first was that on Tuesday evenings there are sometimes only a few swimmers and they are reluctant to keep the centre open. The figures for the final 4 swims of the 2017 year showed that the following numbers of swimmers attended:

13, 15, 11, 3. Arrangements need to be agreed with Ardingly for those days with few swimmers. The second was that fees are going to be increased by the retail price index each year. (currently 2%). The third was that Paul Hedgers swim the lake event will be timed so as not to clash with our training morning swim.

6. Mid Sussex tri race

20 entries so far. The section heads are in place. Sarah has taken over from Rachel in registration. James is helping with the medals and trophies.

7. Club Kit

Halo is the new potential supplier that Gunter and Kate are dealing with and considering committing to. Samples were passed around at the meeting. A wide range of kit is available. It can be ordered individually by club members and there is no minimum order number. A kit fitting evening is planned. Running kit will be the first priority followed by tri kit. The options are tri suits at £65 (standard) £105 (good) and £105 (long sleeved long course kit). We will await feedback from members about quality of kit before committing to Halo.

If this supplier isn't chosen a bulk Endura order is the alternative option. This plan of action was voted on and passed unanimously.

There was a discussion about a redesign of the club logo on the kit. The club colours should remain unchanged. White should be avoided.

Hoodies are from a separate supplier and we need to consider a bulk order in the new year.

It was agreed the coaches could order 'Coach' labelled club kit.

8. Treasurers' report

No new matters had arisen since the AGM.

9. Chairmans' Report

Crawley Wheelers: Following a recent email exchange clarification was sought about the past relationship between the club and Crawley Wheelers. Past emails suggested that there had been arrangements in the past to train together. These arrangements have now been terminated. We will clarify this situation in an email to the secretary of Crawley Wheelers.

Burgess Hill Runners: We need to confirm the termination of affiliate arrangements. Some MSTC members are still attending their training meetings but we are no longer able to host non members training with us.

General email enquiries: The club constantly receives email enquiries from individuals and organisations wanting access to the club membership for various reasons for example, trialling new sports nutrition products. Often these are commercial. Various ways of dealing with this were discussed. A unanimous vote was that we should not encourage or make arrangements for these requests as we are not able to endorse or recommend these unknown products/services to our members.

Club Funds: This was raised at the AGM. The club constitution was reviewed. The excess money in the club account needs to be distributed for the advantage of the club members. It was decided to set up a consultation with a subcommittee to canvas club opinion. The aim was to produce a shortlist of ideas with transparent reasoning behind which are selected. Examples would be: days out at the Olympic Park in London, new bike racking, programmes of speakers and subsidizing places at tri meetings.

Tri Mark. We need to obtain this to allow the juniors' section to continue. Currently being reviewed by Morwenna and Rachel. We would like a volunteer to take this forward.

10. Social Matters

Vicky has sent out the details of the Santa Run. This year we are back to Cuckfield.

More social events for benefit of all club members was also discussed. Vicky Vonderlinden will be asked to lead on this. She was thanked for arranging the excellent recent awards night.

11. AOB

Brighton Marathon Place: Several club members had enquired about the club sponsoring a place. This was discussed. In the interests of fairness, the committee felt that sponsored places to big triathlon meetings were more appropriate in future.

TESE Senior series: See Steve Mac's email below. This was a good way of encouraging members to turn out in large numbers at races (as we have done in the past). Steve will liaise with Steve Alden to make sure that there is no clash with the BAR series.

Nominated Charity: This is Kangaroos for the next year. There was a request for an optional extra to be available to every club member to overpay for entry to events and increase the amount of money sent to the charity. This is likely to be too complex from an IT and administrative perspective. However, the charity will be encouraged to attend events if they want to sell cakes etc or provide collection tins to raise additional funds.

Ladies FB Group: There was a proposal to start a club women's FB group. This was discussed and voted against. It was felt this would cause unnecessary division. It was felt that ladies in the club could be invited to a ladies' social event so that they could provide mutual support.

12. Next meeting

Monday 5th March at 8pm

TESE Senior Series 2018

Date Published: November 2017

We are pleased to announce details for the Triathlon England South East (TESE) Region Club Senior Series for 2018. This follows the same format as the successful 2016 and 2017 Senior Series, but with five new events plus Southwater Relays. The 2018 Senior Series will comprise one duathlon, two pool sprint triathlons, one open water sprint triathlon, one open water standard distance triathlon and one relay event, from around the region and spread throughout the season from April

to September.

The Senior Series comprises four team competitions and consists of **6 events** from around the South East region, with the best club team score from **3 events** counting, except the 'mob' competition where all six events count. More than ever it is about taking part and representing your local club over a few talented individuals dominating events.

The events are:

Event	Date	Website
Medway Duathlon	Saturday 28th April	http://www.medwaytri.com/
Arundel Lido Sprint Triathlon	Sunday 20th May	http://www.rawenergypursuits.co.uk/?p=3941
Dartford & White Oak Sprint Triathlon	Sunday 10th June	http://www.dartfordandwhiteoaktri.co.uk/
Leeds Castle Sprint Triathlon	Saturday 23rd June	http://www.triathlon.leeds-castle.com/
Bewl Water Standard Triathlon	Sunday 5th August	http://www.bewltriathlon.co.uk/

Southwater Relays	Sunday 2nd September	Southwater triathlon sprint relays

What's on offer?

For Clubs to be represented by their members in the TESE Region Club Senior Series with the following competitions:

A trophy for the club with the best female team

A trophy for the club with the best male team

A trophy for the club with the best mixed team

A trophy for the club who has the best 'mob' attendance.

How does my club enter the Senior Series?

All TESE affiliated clubs can **enter** the Senior Series by registering at <https://goo.gl/forms/tO4d4T4N6kMVgByx2>

A list of all the clubs registered will be available.

There is no registration fee. Please nominate a club co-ordinator when registering your club and please encourage your triathletes to wear club team kit when racing in the Senior Series, to promote and advertise TESE clubs.

How do individual club members enter the races in the Senior Series?

Members from each club must enter the races as individuals under their club name and pay their own entry fee. Please enter events early to avoid disappointment when they sell-out. Please take care to enter the correct event, as some have more than one distance on offer.

If the club name is not included so it appears on the results, no time will be recorded towards the Senior Series. Please ensure your entry includes your club details before the event. There will be no opportunity to retrospectively add your club after the event and there is no right of appeal if your club name is not shown on the results. Triathletes must be paid up club members and can only race for one TESE Club in any calendar year.

There are four team competitions; female, male, mixed and Mob match.

Female: The first three female triathletes from each club to finish an event count for their club's score.

Male: The first three male triathletes from each club to finish an event count for their club's score.

Mixed Team: The first three female and first three males triathletes to finish an event count for their club's score. Note that individuals can count for both the mixed team and the single gender team competitions at any event.

NOTE: The scoring for the Southwater Relay will be based on the time of the first relay team for the 'male' and 'female' competitions and the first male/first female relay teams combined time for the 'mixed' competition.

Mob Match: There will be a '**Mob Match**' competition for the club with the highest aggregate participation in the Senior Series.

What is the scoring system for the Female, Male and Mixed team series?

For the Female, Male and Mixed competitions, the individual event winner picks up 1 point, the 2nd placed athlete 2 points, etc for the whole race.

Total points from the three highest placed triathletes gives total points score for the team. The total points for the mixed team is made up from the highest placed three females and the highest placed three males.

As a result, the winning teams will have the lowest scores.

Points towards each competition in the Senior Series will be awarded to clubs with the first place team, (scoring the lowest points for the event) 50 points, second place 40 points, and so on as follows:

First :	50	Sixth :	20
Second :	40	Seventh :	18
Third :	32	Eighth :	16

Forth :	26	Ninth :	14
Fifth :	22	Tenth :	12

Eleventh and below all score 10 points.

In the event of a tie on points at the end of the Senior Series for any team competition, the winner will be the lowest aggregate points of the first three scoring triathletes for the female or male competitions (or first three female and first three male in case of a mixed tie), for each club's best three results.

What is the scoring system for the Mob competition?

Each triathlete completing any of the six events will score one point and the Mob club winner will be the club with the highest aggregate score.

Results and Senior Series standings

Senior Series and Mob Match rankings will appear on TESE website following each event.

In the event of any disputes, the TESE Committee's decision will be final.

Please visit our dedicated Senior Series website pages.

If you have any questions regarding South East Senior Series, please contact Stuart Beevor at seniorseries@triathlonenglandsoutheast.org

We hope you will enjoy representing your club in the Senior S