

# Mid Sussex Tri Club

## Policy for Annual Non-Wetsuit Training Session

### **Rationale:**

During the Summer months & for overseas events there is a possibility that Club Members will experience a non-wetsuit swim.

The Club endeavors to support Member's training needs whilst balancing safety requirements and as such offers ONE non-wetsuit training session each season\*

### **Implementation:**

1. The Committee will decide when this training session will occur.
2. The date will be announced a week beforehand.
3. Extra safety cover will be provided on the day.
4. It is not compulsory & Members who wish to train in a wetsuit will be welcomed as normal.

\* Please note that this policy is for a one off discrete event. For additional information please see the MSTC policy on wetsuit use in extreme weather conditions