

Minutes of the Committee Meeting of the Mid Sussex triathlon Club

The Bent Arms Lindfield, 18-1-16 at 8pm

1. Committee for Meeting

Morwenna Hook	- Chairman
Jeremy Paine	-Vice chair
David Ricketts	-Club secretary
Peter Harris	-Membership secretary
Stephen Mcmenamin	-Race guy-
Julienne Stuart-Colwill	- social secretary
Rachel Baker	-treasurer and Junior's secretary
Kate Eifler	- club kit and Junior's secretary
Steve Alden	- Honorary Vice President
J Williams	- welfare officer
Derek Hastings	-Welfare
Matt Critchley	-Volunteer coordinator
Roger Smith	- Press officer
Mike Hook	- Webmaster
Emma Jaffe	
Rob Hoodless	

2. Minutes

The minutes of the previous meeting of 5-10-15 were approved.

3.Club Coaching

Swimming: Neil is unable to attend Tuesday evening swimming sessions at present. A rota of 8 members has been drawn up to cover this until May. It is planned 4 weeks ahead by Jeremy Paine.

Running: Kate Eifler and Barry David continue to supervise sessions.

Cycling: The Saturday rides have been well attended and are likely to continue. These are 11mph no-drop social rides. Steve Mac is looking for cover for the next two weeks as he is on holiday.

4. Juniors

Weekend camps are planned for April or May. The coaches are meeting on Friday 5th Feb to plan for this.

There is an opportunity to integrate some juniors' training with the Junior Park Run on Sundays and discussions are under way about this. We may not be able to run in club kit. We may also have to contribute marshals.

5. Swimming

Pontoon update: Chris is happy with the proposed landscaping to the area on the bank. The rowing club have no objections either. Jason and Paul Williams are drawing up a plan for the work needed. To get the work done we will have some work days (sausages provided). Julie will publicise dates and request volunteers in due course.

6. Mid Sussex tri race

The racking is being fixed for the next race. There have been 60 entrants so far for the next race. A free entry has been given to a wronged competitor from 2015 who didn't get his prize on the day. Roger Smith is managing the publicity. The race is on the Queen's birthday so some patriotic bunting may make an appearance and the goody bag prize may be themed. The Queen may attend.

The Triathlon England South East Regional Committee has asked to include our race in the Sussex Senior Series. The series will be club vs club (not individual vs individual). There will be five events in the series in 2016, with scores for the best three events being taken towards the senior series. MSTC sprint triathlon is to be included as one of sprint 5 races.

Chip timing for the race was discussed. It is almost double the price to hire of the system we currently used and was not deemed worth the investment i.e. if it fails, all results for entire race are lost.

Steve suggested an Apple timing programme that can be used on an I-Pad for possible use at the MSTC's other races. He will review the technology with Morwenna and report back.

7. Club Kit

A useful relationship is being developed with Nick Wisdom at Wisdom Sports in South Road. He has agreed to hold stock (not necessarily in club colours) so members can try on kit to see what size fits. He will also allow us to deposit ordered kit in his shop so that it can be collected from there. The committee approved purchasing a 'core' selection of kit in full range for sizes, for men and women, (not necessarily in club colours) for the purposes of trying on in Wisdom Sports in due course.

He also has some low cost kit which could be marked with club logo and purchased for training purposes if members wished. The committee approved the order of 30 florescent bibs for around £11-13. There are also cycling jackets at the cheaper end of the spectrum.

Nick Wisdom does not require any payment for this arrangement. Needless to say it would be good if club members used his shop for other sporting goods where possible and identified themselves as club members. We plan to include a link to the shop on the website, distribute his fliers at the club race, mention Wisdom Sports on the BH club race emails.

Finally the Endura club order is due in for the week beginning 25-1-16.

8. Treasurers' report

Various members have been sponsored for their level one and two coaching training. Rachel is looking for assistance and is liaising with Pete, Emma and Tracy to spread some of the tasks

associated with the role. She is considering stepping down from her treasurers' role at the end of the year.

9. Membership Secretary's report

28 members so far have paid for interim swim subs for January to March. Full membership and six-monthly swim subs now starts in April. There have been 4 enquiries recently from people about joining the club.

10. Chairmans' Report

The new chairman is settling in and working closely with Jeremy. We are familiarising ourselves with the workings of the Club and looking to provide support to the Committee members in the excellent work they do.

11. Social Matters

The club awards dinner is on 5-3-16. Up to 76 places are available and 49 have been booked already. The dress code is 'smart'. Lawrence Wintergold will be making an appearance to give a summary of the year, including many of the events some members hoped no-one else had noticed.

12. AOB

12.1 Volunteering. A new system is being implemented by Matt Critchley. You will be asked to confirm your availability for volunteering by ticking a 'volunteering box' when renewing membership in April. Currently members tick a box to say 'I agree to give 5 hours to club by way of volunteering' (or words to that effect). It was agreed that we would amend this to specifically refer to assisting at Club races.

Matt's new system will start with the Bull run Race and be gradually introduced thereafter.

The Open water swimming waiver will be updated to refer to the compulsory requirement to do kayak/pontoon duty if swimming.

12.2 Additional classes: Lianne Davids has kindly offered to provide an additional weekly spinning or circuit training session over and above that held on Thursday. Subject to availability of room hire, cost and uptake the Committee agreed the proposal. Rachel and Jules advised that there is limited availability at the Dolphin. There may be better availability at Warden Park. Liane to liaise with Rachel and Morwenna to investigate options.

12.3 To ease congestion in the pool it was proposed to bring the spin class forward to the earlier time of 8.30 pm. Rachel/Jules will liaise with Dolphin to see if this is possible.

12.4 BAR: The races so far are:

Balcombe Bull Run: 21 March

Duathlons: 17 April

5-3-1 swim: 6 August

Tri Fest: 27 August

Barnes green: 2 Oct

Two additional time trials will be added to this.

The Best Athlete Award is still proving difficult to decide. We considered using the results from any relevant well attended event. Whatever system is used needs to be fair to all members – whatever age and gender. Ideas should be emailed to Steve Alden.

12.5 The Club Quiz: This will be at the Bent Arms on 1-4-16 (April Fools Day). The cost of food is increasing. However, it was agreed that as for last year the ticket price will be £10 a head and 60 places will be available. The questions will involve a music section. Members are encouraged to organise their own teams and tables. Arrangements will be sent out by email.

If you have any suitable prizes for the raffle please give them to Brad or Julie Williams or David Ricketts

12.6: Press Liaison: Roger is settling in to this role. His aim is to raise the club profile. The ‘Middy’ like articles with a photograph submitted on a Monday morning. We will need to get permission to publish members’ photographs and details of their races - this can be done via Facebook or email in the first instance.

12.7 Finish Line Arch: Four clubs (Hedgehog, MSTC, MS Events and EGTC) are considering buying an arch for the race finish area. We are liaising to discuss a combined purchase of a double skinned 3 metre arch. Arches can be created with detachable banners which would be purchased by the individual purchaser therefore giving it the branding of the race organiser. It costs £1000 for the arch, to be divided between the four clubs. There would be a cost on top of this to purchase a pump for the arch and there may be extra costs for personalised banners. Jeremy Paine will investigate this. We are mindful that we need to avoid clashes of dates. We need the arch for the main BH MSTC race. The Committee confirmed agreement to co-purchase the arch subject to confirming exact costs and reaching an agreement with other clubs as to availability.

11.8 Sponsorship from Nuffield Health: Morwenna Hook and Julie Williams will meet with the Nuffield representatives to discuss this. The committee agreed that a portion of any sponsorship received would go to the juniors’ section.

11.9 Club 20th Anniversary: This will be held in 2017 rather than 2016.

12. Next meeting

Monday 21-3-16 at the Bent Arms Lindfield 8pm