

**Mid Sussex Triathlon - 14th June 2009 - Final Results (Full)**

Overall Pos	Number	Name	Cat	Club	Swim	Swim Pos	Bike	Bike Pos	Run	Run Pos	Overall
1	219	Peter Campbell	MU30	Portsmouth triathletes	00:06:36	1	00:38:47	4	00:19:48	6	01:05:11
2	224	Jonathan Horssman	MU50		00:07:18	6	00:39:11	5	00:19:38	2	01:06:07
3	215	Dominic Chapman	MU40	Tuff Fitty	00:07:34	11	00:40:01	13	00:19:38	3	01:07:13
4	184	Rob Parry	MU30	Crystal Palace Triathletes	00:07:54	19	00:39:32	9	00:20:00	7	01:07:26
5	183	Paul Blackmmore	MU50	GS Ciucci Bike Village	00:08:20	34	00:37:52	1	00:21:25	28	01:07:37
6	207	tim Kingston	MU40	Deal Tri	00:07:50	17	00:38:11	2	00:21:50	34	01:07:51
7	218	Andy Eaton	MU50	Bodyworks XTC	00:07:13	4	00:39:59	12	00:20:41	11	01:07:53
8	206	James Stewart	MU40	The Tom Hills Experience	00:07:12	3	00:40:37	16	00:20:26	8	01:08:15
9	259	Christian Faires	MU40	Tuff Fitty Tri Club	00:08:09	25	00:40:33	15	00:19:46	4	01:08:28
10	201	greg cahill	MU40	triliving	00:07:54	20	00:40:08	14	00:20:35	9	01:08:37
11	108	Gary Laybourne	MU30		00:07:27	9	00:43:05	44	00:18:24	1	01:08:56
12	133	Peter Cottington	MU50		00:09:09	80	00:39:15	7	00:20:48	15	01:09:12
13	162	Nigel Herron	MU50	Brighton Phoenix Tri	00:09:04	74	00:39:39	10	00:20:46	12	01:09:29
14	197	Victor Thompson	MU40	Crystal Palace Triathletes	00:07:43	14	00:41:14	20	00:20:48	16	01:09:45
15	210	James Miller	MU40		00:07:21	7	00:41:38	24	00:20:59	18	01:09:58
16	143	Robert Rollings	MU30		00:08:20	35	00:39:45	11	00:22:05	41	01:10:10
17	163	Stephen Searby	MU50	7 Oaks Tri	00:08:19	32	00:41:09	18	00:20:47	14	01:10:15
18	231	Tony Donnelly	MU50	Tuff Fitty	00:08:36	48	00:41:12	19	00:21:10	20	01:10:58
19	212	Damon Turner	MU40	Tuff Fitty	00:08:00	23	00:41:34	23	00:21:46	30	01:11:20
20	131	John-Paul Brophy	MU40		00:08:12	26	00:41:16	21	00:22:16	44	01:11:44
21	260	Frederique Sumption	FU40	Greenwich Tri	00:07:30	10	00:42:57	42	00:21:24	27	01:11:51
22	161	Andy Ferguson	MU40		00:09:19	89	00:39:31	8	00:23:11	65	01:12:01
23	189	Fraser Dean	MU40	Tuff Fitty	00:08:18	30	00:43:24	53	00:20:36	10	01:12:18
24	185	Andrew Linney	MU50	7 oaks tri	00:08:36	49	00:41:45	26	00:21:58	38	01:12:19
25	258	Stephen Hodges	MU30		00:08:59	68	00:41:52	27	00:21:29	29	01:12:20
26	199	Grant Harris	MU40	Z Tri Club	00:08:12	27	00:42:57	43	00:21:14	25	01:12:23
27	209	Trish Stewart	FU40	Team REP	00:07:46	15	00:43:36	58	00:21:07	19	01:12:29
28	211	Andy Strong	MU30	Tuff Fitty Tri Club	00:07:23	8	00:43:07	45	00:22:01	39	01:12:31
29	106	Andrew Denyer	MU50		00:08:52	60	00:39:14	6	00:24:30	100	01:12:36
30	186	Colin Chambers	MU50	SAD Tri	00:08:26	42	00:41:41	25	00:22:46	54	01:12:53
31	167	Alistair Baldwin	MU40		00:08:54	63	00:41:30	22	00:22:38	51	01:13:02
32	255	Matt Jeoffroy	MU40		00:09:46	112	00:42:35	37	00:20:46	13	01:13:07

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33	190	Philip Morton	MU50		00:08:08	24	00:42:31	34	00:22:34	50	01:13:13
34	173	Roland Harrington	MU50	Brighton Phoenix Tri	00:07:57	22	00:43:10	49	00:22:12	42	01:13:19
35	216	Stuart Lotherington	MU50	East Grinstead	00:07:11	2	00:42:51	39	00:23:32	71	01:13:34
36	264	michael hawden	MU50	Gears & Tears	00:08:35	46	00:42:25	33	00:22:42	53	01:13:42
37	226	Rupert Robinson	MU40		00:09:53	116	00:38:34	3	00:25:24	129	01:13:51
38	66	Chris Mills	MU30		00:09:33	103	00:43:12	50	00:21:16	26	01:14:01
39	122	Simon Flatau	MU40		00:09:23	95	00:43:54	60	00:20:49	17	01:14:06
40	222	Simon Pearson	MU40		00:08:42	51	00:42:38	38	00:22:46	55	01:14:06
41	146	Jason Le Goff	MU40	East Sussex Fire and Rescue Service	00:08:44	55	00:42:14	30	00:23:15	66	01:14:13
42	191	Graham Powell	MU50	The Tom Hills Experience	00:08:19	33	00:41:55	28	00:24:04	88	01:14:18
43	142	Ian Pearce	MU40		00:09:42	110	00:42:51	40	00:21:47	31	01:14:20
44	203	tom lochhead	MU30	Eeast Grinstead TRI	00:07:42	13	00:42:13	29	00:24:27	99	01:14:22
45	213	Stephen Hayes	MU40		00:08:21	37	00:44:15	63	00:21:52	35	01:14:28
46	214	Jez Fallon	MU50		00:08:21	38	00:43:30	55	00:22:47	56	01:14:38
47	62	Nigel Killner	MU50		00:09:52	115	00:42:19	32	00:22:32	49	01:14:43
48	154	Adam Under	MU40	Farnham Tri Club	00:08:15	28	00:43:09	47	00:23:56	84	01:15:20
49	140	David Tibbals	MU50	Steyning Tri	00:09:07	76	00:45:02	74	00:21:13	23	01:15:22
50	117	daryl gowlett	MU50		00:08:36	50	00:43:08	46	00:23:45	79	01:15:29
51	208	Anthony Shaw	MU30	East Grinstead Tri Club	00:07:14	5	00:44:40	70	00:23:41	76	01:15:35
52	181	Charlie Langhorne	MU50	SAD Tri	00:08:22	40	00:42:17	31	00:24:59	116	01:15:38
53	84	Chris Jones	M50+		00:10:03	125	00:42:32	35	00:23:30	70	01:16:05
54	200	Greg Hart	MU40	Deal Tri	00:09:00	69	00:43:28	54	00:23:38	74	01:16:06
55	176	Haydn Whitmore	M50+	Crystal Palace Triathletes	00:09:10	82	00:44:24	65	00:22:39	52	01:16:13
56	22	James Vassallo	MU30		00:08:47	56	00:46:22	87	00:21:13	24	01:16:22
57	85	mike hawkins	M50+	velocity multisport	00:10:03	126	00:42:32	36	00:23:53	82	01:16:28
58	244	Nick Kay	MU50	East Grinstead Tri Club	00:07:54	21	00:44:36	68	00:24:03	87	01:16:33
59	153	Stephen Farrow	MU40	Tom Hills Experience	00:08:55	65	00:44:39	69	00:23:04	61	01:16:38
60	136	richard traynor	MU50	east grinstead tri	00:09:27	100	00:43:20	51	00:24:03	86	01:16:50
61	120	Jenni Van Deelen	FU50	Canterbury Harriers	00:09:21	91	00:45:19	75	00:22:15	43	01:16:55
62	174	david cowlard	M50+	eg tri	00:09:07	77	00:42:56	41	00:24:57	115	01:17:00
63	175	Simon Williams	MU50		00:09:24	97	00:43:22	52	00:24:20	93	01:17:06
64	31	Lindsay Pearson	FU40		00:08:49	58	00:46:24	88	00:21:53	36	01:17:06
65	152	James Hooper	MU30		00:11:44	182	00:40:42	17	00:24:47	107	01:17:13

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66	98	Paul Holland	MU50		00:10:34	145	00:44:47	72	00:21:55	37	01:17:16
67	111	Andrew Biggs	MU50	Haywards Heath Harriers	00:09:26	99	00:46:48	96	00:21:10	21	01:17:24
68	115	Tom Martin	MU30		00:11:05	165	00:43:49	59	00:22:47	57	01:17:41
69	223	Graham Liddell	MU50	Tuff Fitty	00:08:51	59	00:49:04	145	00:19:46	5	01:17:41
70	188	Hefydd Lewis	MU50		00:08:16	29	00:45:37	78	00:23:57	85	01:17:50
71	149	steven ingham	MU50	East Grinstead Tri Club	00:09:17	87	00:44:27	67	00:24:12	89	01:17:56
72	172	David Fitzpatrick	MU50	Bodyworks XTC	00:09:14	84	00:44:43	71	00:24:13	90	01:18:10
73	6	gareth coombes	MU20		00:09:53	117	00:46:00	80	00:22:29	48	01:18:22
74	139	Daniel Hanlon	MU50	NA	00:09:15	85	00:44:25	66	00:24:53	110	01:18:33
75	121	Melvyn Johnson	M50+	Tuff Fitty	00:10:03	127	00:44:01	62	00:25:02	117	01:19:06
76	80	stuart townsend	MU40	Brighton Phoenix Triathlon	00:09:57	120	00:47:09	105	00:22:01	40	01:19:07
77	145	Stephen Donovan	MU50		00:09:02	72	00:46:44	95	00:23:27	68	01:19:13
78	97	Steve Delpy	MU40		00:10:40	151	00:43:33	56	00:25:10	124	01:19:23
79	198	Dave Watmore	MU50	East Grinstead Tri Club	00:07:50	18	00:47:01	103	00:24:46	106	01:19:37
80	180	Steve Kircher	MU50		00:08:52	61	00:47:13	107	00:23:35	73	01:19:40
81	124	Natasha Fuller	FU40	Lewes Wanderers CC	00:09:56	119	00:45:23	76	00:24:23	95	01:19:42
82	179	Samantha Stocker	FU40		00:08:25	41	00:46:28	90	00:24:54	111	01:19:47
83	249	Beckie Woodland	FU30	SLH Tri Club	00:08:33	45	00:49:32	153	00:21:49	33	01:19:54
84	202	catherine cooke	FU40	crystal palace triathletes	00:07:47	16	00:46:01	81	00:26:09	144	01:19:57
85	171	Paul Williams	MU40	Bodyworks XTC	00:09:19	90	00:46:55	99	00:23:44	78	01:19:58
86	204	Peter Wark	MU50		00:09:00	70	00:46:19	85	00:24:40	103	01:19:59
87	160	Micaela Floyd	FU40	Tuff Fitty	00:08:55	66	00:48:27	139	00:22:49	58	01:20:11
88	253	Nick buckfield	MU40		00:10:01	123	00:46:37	93	00:23:35	72	01:20:13
89	88	Douglas Cooper	MU50	Birchwood Grove PTA	00:10:42	152	00:48:03	127	00:21:47	32	01:20:32
90	38	Stuart Anderson	MU50		00:11:57	191	00:43:56	61	00:24:41	104	01:20:34
91	194	joan wingfield	FU50	east grinstead triathlon club	00:08:26	43	00:48:22	137	00:23:47	80	01:20:35
92	89	Maria Lees	FU50		00:10:56	157	00:46:16	84	00:23:28	69	01:20:40
93	159	nick bridger	MU50	1066triathletes	00:10:14	133	00:46:55	100	00:23:41	77	01:20:50
94	147	Darren Hall	MU40		00:09:22	92	00:46:51	98	00:24:41	105	01:20:54
95	118	Tony Pearce	M50+	Tuff Fitty	00:09:34	104	00:46:31	92	00:24:50	108	01:20:55
96	134	Lucie Graham	FU50		00:09:17	88	00:46:31	91	00:25:10	125	01:20:58
97	158	Gary Gathergood	M50+		00:08:55	67	00:46:56	101	00:25:14	127	01:21:05
98	168	Michael Robinson	MU50		00:08:47	57	00:49:16	148	00:23:09	64	01:21:12

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99	49	ARTHUR WAGHORN	M50+		00:11:29	178	00:44:18	64	00:25:30	134	01:21:17
100	99	Nick Ripley	MU50		00:07:41	12	00:43:36	57	00:30:04	204	01:21:21
101	155	Katie Baxendale	FU40		00:08:52	62	00:49:26	152	00:23:04	62	01:21:22
102	129	John Graham	MU50		00:09:32	102	00:46:09	83	00:25:41	137	01:21:22
103	123	Colin Bushby	M50+	ESPORTA BRIGHTON	00:09:22	93	00:48:11	130	00:23:53	83	01:21:26
104	43	Richard Withers	MU40	Tunbridge Wells Harriers	00:11:25	176	00:46:56	102	00:23:07	63	01:21:28
105	132	Martin Long	M50+	SLH Tri Club	00:09:04	75	00:48:19	135	00:24:23	96	01:21:46
106	177	lisa jones	FU50	steyning ac	00:09:02	73	00:47:49	122	00:25:05	121	01:21:56
107	242	Steve Jones	MU50		00:11:04	163	00:48:43	142	00:22:21	47	01:22:08
108	236	Glenn Snook	M50+	Bodyworks XTC	00:10:31	142	00:46:27	89	00:25:11	126	01:22:09
109	144	Jane Papa	FU40	SLH Tri Club	00:08:54	64	00:46:21	86	00:26:58	157	01:22:13
110	4	Paul Bowen	MU50	Holland Sports AC	00:10:35	148	00:48:23	138	00:23:16	67	01:22:14
111	76	Gary Blunt	MU50	Crystal palace Triathletes	00:11:15	172	00:46:03	82	00:25:04	118	01:22:22
112	196	Nick Bailey	M50+	Deal Tri	00:10:14	134	00:47:20	112	00:24:54	113	01:22:28
113	90	Joanne Turner	FU50		00:10:21	136	00:47:37	119	00:24:34	101	01:22:32
114	254	Andy Coster	MU50	Imperial Warriors Tri Club	00:11:34	181	00:47:22	114	00:23:40	75	01:22:36
115	157	James Moir	MU40	Tuff FittyTri Club	00:10:06	129	00:46:39	94	00:25:58	140	01:22:43
116	105	mike cashin	MU50		00:09:40	108	00:47:16	109	00:25:52	139	01:22:48
117	257	Grant Smalley	MU40	Tuff Fitty Tri Club	00:11:31	179	00:43:09	48	00:28:13	175	01:22:53
118	112	Ian McCarthy	MU40		00:09:44	111	00:47:21	113	00:25:49	138	01:22:54
119	195	Graham Parsons	M50+		00:09:12	83	00:47:28	116	00:26:28	147	01:23:08
120	82	Mark Chadd	M50+	Seaford Striders	00:10:32	143	00:44:52	73	00:27:46	172	01:23:10
121	46	Mark Lofting	MU50	EGTC	00:10:51	155	00:45:53	79	00:26:32	149	01:23:16
122	170	Charles Greenwood	MU40	Crystal Palace Triathletes	00:08:35	47	00:48:20	136	00:26:24	146	01:23:19
123	91	Darran Stone	MU50		00:12:09	194	00:47:19	111	00:23:51	81	01:23:19
124	156	Tiffany Orton	FU40	Tuff Fitty Tri Club	00:09:37	107	00:48:14	132	00:25:35	135	01:23:26
125	137	Karen Ayers	FU50	Crystal Palace Tri	00:09:22	94	00:46:50	97	00:27:17	161	01:23:29
126	151	Tim Guntlett	MU30		00:10:23	137	00:48:43	141	00:24:36	102	01:23:42
127	263	Paul Byrne	MU50	holland sports a.c	00:13:34	220	00:47:32	117	00:23:01	60	01:24:07
128	130	Charlotte Craig	FU50	Dorking Mole Valley AC	00:09:07	78	00:50:06	161	00:25:08	122	01:24:21
129	55	David Virgin	MU40		00:12:25	204	00:47:04	104	00:24:54	112	01:24:23
130	77	EVA IAN	MU50		00:11:03	162	00:48:07	128	00:25:26	131	01:24:36
131	83	duncan finch	MU50		00:11:04	164	00:49:20	150	00:24:16	91	01:24:40

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132	141	Tracy Caudle	FU50	East Grinstead Tri	00:09:36	105	00:47:47	121	00:27:17	162	01:24:40
133	101	Clare Wyngard	FU50		00:10:34	146	00:49:57	158	00:24:23	97	01:24:54
134	95	Nigel Smith	MU50	Tuff Fitty	00:10:05	128	00:47:11	106	00:27:38	169	01:24:54
135	70	Paul Hewitt	MU50	Portsmouth Joggers	00:12:15	197	00:49:55	157	00:23:00	59	01:25:10
136	51	Anthony Band	MU30	High calibre fitness	00:11:05	166	00:49:16	149	00:24:50	109	01:25:11
137	34	Tony Padgett	MU40		00:10:34	147	00:47:52	124	00:26:47	152	01:25:13
138	103	Lee Drewnicki	MU40		00:12:21	202	00:47:57	126	00:24:55	114	01:25:13
139	44	michael miller	M50+		00:12:33	205	00:50:22	162	00:22:19	45	01:25:14
140	64	james angel	MU50		00:11:48	187	00:47:16	110	00:26:48	153	01:25:52
141	148	Kirsteen Keith	FU40	Tuff Fitty Tri Club	00:09:40	109	00:48:56	144	00:27:16	160	01:25:52
142	182	Louise Alan-Smith	FU50	Crystal Palace Triathletes	00:08:42	52	00:48:15	134	00:29:31	197	01:26:28
143	239	Peter White	MU50	East London Tri	00:10:02	124	00:49:06	146	00:27:31	166	01:26:39
144	205	William Peter Court	MU50	Crawley Tri Club	00:09:08	79	00:48:10	129	00:29:29	195	01:26:47
145	17	Neil Kempshall	MU50		00:14:14	232	00:47:36	118	00:25:04	119	01:26:54
146	58	Bruce Ayers	M50+	Crystal Palace Triathletes	00:10:15	135	00:48:14	133	00:28:45	186	01:27:14
147	69	John Ellington	MU50		00:11:09	169	00:47:57	125	00:28:23	179	01:27:29
148	234	Nicky Caesons	FU50		00:08:20	36	00:50:33	164	00:28:41	183	01:27:34
149	128	Benny Coxhill	M50+	Burgess Hill Runners	00:11:59	192	00:51:15	168	00:24:22	94	01:27:36
150	217	Tim Coxhill	MU20	Burgess Hill Runners	00:09:50	113	00:53:53	193	00:24:17	92	01:28:00
151	165	Richard Merry	MU40	Team TriUK	00:08:18	31	00:48:52	143	00:31:08	215	01:28:18
152	230	Jennifer Black	FU30		00:10:28	141	00:50:44	167	00:27:15	159	01:28:27
153	53	Kevin Hinton	MU40		00:12:39	207	00:48:13	131	00:27:36	167	01:28:28
154	240	Mark Shenton	MU50		00:13:16	214	00:47:24	115	00:27:51	173	01:28:31
155	56	claire Brooks	FU40		00:11:54	190	00:51:21	170	00:25:26	132	01:28:41
156	74	Andy Szkopiak	M50+		00:11:45	184	00:50:01	160	00:26:58	158	01:28:44
157	135	Helen Frost	FU50	Burgess Hill Runners	00:10:32	144	00:52:49	181	00:25:24	130	01:28:45
158	116	John Bacon	M50+	7Oaks Triathlon	00:10:07	130	00:47:46	120	00:30:53	214	01:28:46
159	67	christopher keeler	MU30		00:10:26	140	00:50:39	165	00:27:45	171	01:28:50
160	78	Sue Brumwell	FU50		00:11:26	177	00:52:23	174	00:25:18	128	01:29:07
161	48	Shaun Furlong	MU40		00:11:49	188	00:51:24	171	00:25:59	141	01:29:12
162	119	Frances Greenall	F50+	Crystal Palace Triathletes	00:09:55	118	00:49:24	151	00:30:13	205	01:29:32
163	250	Nick Smith	MU50		00:15:54	238	00:47:15	108	00:26:50	155	01:29:59
164	23	Sarah Miller	FU40		00:11:21	174	00:49:54	156	00:28:50	188	01:30:05

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165	150	Elaine Scott	F50+	Steyning AC	00:09:28	101	00:47:50	123	00:32:53	225	01:30:11
166	100	Sarah Chambers	FU50		00:09:51	114	00:54:00	198	00:26:22	145	01:30:13
167	72	Ruki Sidhwa	FU50	Crystal Palace Triathletes	00:10:38	150	00:54:13	201	00:25:39	136	01:30:30
168	125	Samantha Anderson	FU30		00:09:15	86	00:53:08	185	00:28:11	174	01:30:34
169	35	Pippa Moss	FU50		00:11:16	173	00:51:19	169	00:28:36	180	01:31:11
170	30	Keith Wilson	M50+	Crawley Tri Club	00:13:30	217	00:49:15	147	00:28:41	182	01:31:26
171	73	Peter Gooding	MU50		00:12:17	199	00:51:40	172	00:27:30	165	01:31:27
172	193	Nick Hubbard	MU30		00:09:24	98	00:55:15	210	00:26:49	154	01:31:28
173	71	Debbie Hewitt	FU50	Portsmouth Joggers	00:12:16	198	00:52:55	182	00:26:28	148	01:31:39
174	96	Lyn Ford	F50+	Crawley Tri Club	00:08:21	39	00:53:28	190	00:29:57	203	01:31:46
175	68	Carol Killick	F50+	Steyning AC	00:12:50	210	00:50:26	163	00:28:51	189	01:32:07
176	61	Rachel Watkins	FU40		00:10:59	160	00:52:30	176	00:28:41	184	01:32:10
177	110	David Nash	M50+	East Grinstead Tri Club	00:11:08	167	00:45:25	77	00:35:39	234	01:32:12
178	50	Gavin Bernard	MU40		00:13:21	215	00:48:32	140	00:30:35	212	01:32:28
179	247	Abigail Moran	FU40	Serpentine Running Club	00:09:36	106	00:53:18	187	00:29:36	199	01:32:30
180	93	Liz Butcher	FU50	Phoenix Tri	00:10:46	154	00:54:28	204	00:27:23	163	01:32:37
181	24	Scott Linden	MU40	Tunbridge Wells Harriers	00:12:24	203	00:53:22	189	00:26:55	156	01:32:41
182	18	Mat Riley	MU40		00:14:05	231	00:53:51	192	00:25:04	120	01:33:00
183	60	Catherine Sharpe	FU40		00:12:10	196	00:56:34	217	00:24:23	98	01:33:07
184	187	Louise Lawrence	FU40	David Lloyd Brighton	00:08:42	53	00:58:29	222	00:26:04	142	01:33:15
185	233	Chris Naylor	F50+	Steyning Athletics	00:13:54	223	00:57:09	220	00:22:19	46	01:33:22
186	36	Julian Kearney	MU50		00:11:46	185	00:52:40	179	00:28:59	191	01:33:25
187	54	Hugh Stevenage	MU50	Burgess Hill Runners	00:13:39	221	00:54:22	203	00:25:26	133	01:33:27
188	113	Claire Trevelyan	FU50	Birchwood Grove PTA	00:11:10	170	00:54:46	207	00:27:38	170	01:33:34
189	81	ruth saunders	FU40		00:11:11	171	00:54:19	202	00:28:15	177	01:33:45
190	220	Charlie Williams	MU50		00:10:52	156	00:54:34	205	00:28:46	187	01:34:12
191	246	George Vargha	M50+	Steyning AC	00:10:57	158	00:50:42	166	00:32:34	223	01:34:13
192	45	Richard Loveridge	MU50	Birchwood Grove PTA	00:12:09	195	00:52:28	175	00:29:37	200	01:34:14
193	138	Paige Richardson	MU50	ns	00:10:08	131	00:56:47	219	00:27:27	164	01:34:22
194	232	Dean Allen	MU50	A2 TRI	00:12:41	208	00:52:30	177	00:29:12	192	01:34:23
195	28	louise cashin	FU40		00:12:52	212	00:55:15	211	00:26:36	150	01:34:43
196	221	Pippa Crouch	FU40		00:10:25	139	00:54:51	208	00:29:29	196	01:34:45
197	79	Roy Hammond	M50+	Paddock Wood A. C.	00:12:45	209	00:49:51	155	00:32:35	224	01:35:11

**Mid Sussex Triathlon - 14th June 2009 - Final Results (Full)**

198	12	Sarah Gouldsmith	FU40		00:13:30	218	00:52:44	180	00:28:58	190	01:35:12
199	10	Simon Perry	MU50	Birchwood Grove PTA	00:14:03	230	00:53:06	184	00:28:15	176	01:35:24
200	11	Ricard Simo	MU50		00:11:08	168	00:55:07	209	00:29:22	194	01:35:37
201	87	Alan Dillaway	MU50		00:10:37	149	00:53:53	194	00:31:17	218	01:35:47
202	42	camilla moyle	FU50		00:11:53	189	00:58:49	223	00:25:08	123	01:35:50
203	37	Cullen Tillotson	MU40	Mid Sussex Tri Club	00:11:31	180	00:50:01	159	00:34:32	232	01:36:04
204	9	austin houliston	MU50	tuff fitty	00:16:12	239	00:53:18	188	00:26:37	151	01:36:07
205	14	Mike Hartnett	MU50	Worthing Striders	00:12:18	200	00:53:11	186	00:30:46	213	01:36:15
206	7	Lucy Egan	FU40		00:13:30	219	00:54:43	206	00:28:37	181	01:36:50
207	63	David Bright	M50+		00:12:20	201	00:56:23	216	00:28:16	178	01:36:59
208	52	Sharon Chladek	FU50	Mid Sussex Tri Club	00:12:34	206	00:54:01	199	00:30:31	211	01:37:06
209	65	Uli Schiwon	FU30		00:11:23	175	00:56:39	218	00:29:19	193	01:37:21
210	109	Steve Casserley	M50+	White Oak Triathletes	00:09:23	96	00:49:43	154	00:38:48	242	01:37:54
211	75	Paul Scott	MU50		00:10:43	153	00:56:20	215	00:31:09	216	01:38:12
212	104	Sue Hudson	F50+	Brighton Phoenix Tri	00:10:57	159	00:53:53	195	00:33:59	230	01:38:49
213	2	Richard Woodhouse	MU50		00:13:21	216	00:59:33	226	00:26:06	143	01:39:00
214	29	Ananda Mello-Costa	FU40	Brighton Phoenix Tri	00:16:43	240	00:52:30	178	00:29:50	201	01:39:03
215	243	Claire Duncan	FU40		00:12:03	193	00:53:53	196	00:33:15	227	01:39:11
216	20	Sarah Hinton	FU40		00:13:55	225	00:53:55	197	00:31:44	219	01:39:34
217	225	Andy Ward	MU50		00:14:00	226	00:53:35	191	00:32:25	221	01:40:00
218	41	Jan Lavis	FU50	Burgess Hill Runners	00:11:47	186	01:00:38	229	00:27:36	168	01:40:01
219	102	Nikk Earthrowl	FU40		00:10:23	138	00:55:48	212	00:33:57	229	01:40:08
220	40	Jessica Cubitt	FU40		00:11:44	183	00:59:38	227	00:29:31	198	01:40:53
221	59	Janice Bailey	F50+	7 Oaks Tri Club	00:12:50	211	00:52:07	173	00:36:02	235	01:40:59
222	235	Annabel Pribelszki	FU40	Crystal Palace	00:09:59	121	01:00:53	230	00:30:15	206	01:41:07
223	164	Sue Eaton	F50+	Bodyworks XTC	00:09:09	81	01:02:10	235	00:30:24	210	01:41:43
224	19	Gary Edge	MU50	Tuff Fitty	00:14:35	236	00:53:03	183	00:34:09	231	01:41:47
225	192	Siobhan Ellison	FU30		00:08:42	54	01:00:58	231	00:33:30	228	01:43:10
226	25	Karen Bach	FU40		00:14:16	233	00:58:57	224	00:30:19	208	01:43:32
227	127	Jo Moyse	FU50	SAD Tri	00:11:02	161	01:00:01	228	00:32:30	222	01:43:33
228	169	Steve Boyne	M50+	East Grinstead Tri Club	00:10:11	132	00:56:17	214	00:37:49	241	01:44:17
229	15	Alison O'Sullivan	FU50		00:13:54	224	01:02:23	236	00:28:41	185	01:44:58
230	57	Ishbel Leddy	F50+		00:14:01	228	00:59:10	225	00:31:56	220	01:45:07

Mid Sussex Triathlon - 14th June 2009 - Final Results (Full)

231	252	Graham James	MU20	Mid sussex tri	00:09:00	71	01:05:52	238	00:30:19	209	01:45:11
232	228	Christophor Evans	M50+		00:10:00	122	00:55:49	213	00:39:51	243	01:45:40
233	237	Clare Shenton	FU50		00:14:23	234	01:01:26	234	00:30:15	207	01:46:04
234	21	Henry Needler	MU50		00:15:36	237	00:54:02	200	00:36:48	236	01:46:26
235	47	margaret reckitt	FU50		00:13:48	222	00:58:07	221	00:35:10	233	01:47:05
236	39	Amanda Hyatt	FU50		00:12:55	213	01:04:43	237	00:29:53	202	01:47:31
237	26	Fiona McDowell	FU30		00:14:01	229	01:01:14	233	00:33:10	226	01:48:25
238	251	Mark Luckhurst	MU20	Mid sussex tri	00:08:32	44	01:19:54	240	00:21:10	22	01:49:36
239	32	Antonia Lee	FU50		00:14:00	227	01:01:11	232	00:37:33	240	01:52:44
240	1	Emma Paskett	FU40		00:14:30	235	01:25:16	243	00:31:13	217	02:10:59
241	5	Kate McLean	FU50		00:23:06	244	01:12:30	239	00:36:52	237	02:12:28
242	13	Sarah McLaren	FU50	Birchwood Grove PTA	00:17:39	241	01:22:25	242	00:37:06	239	02:17:10
243	3	Kevin McLaren	MU50	Birchwood Grove PTA	00:20:40	243	01:22:22	241	00:37:02	238	02:20:04
244	16	Christine Lea	FU40	Birchwood Grove PTA	00:18:09	242	01:25:39	244	00:45:25	244	02:29:13
255	227	Ken Gormanly	M50+								08:54:00
255	114	Peter Jones	MU50	Tuff FittyTri Club							07:57:30